



FREQUENTLY ASKED QUESTIONS

If you have any questions about our program that aren't answered below, please don't hesitate to reach out to our admissions team.

877-788-8422 (toll free)
304-445-7790
admissions@greenbrieracademy.com

WHAT KIND OF ISSUES DO YOUR STUDENTS FACE?

Our students may face a spectrum of issues including anxiety, depression, low self-esteem, ADD/ADHD, substance abuse, oppositional defiance, impulsiveness, emotional deregulation, lack of understanding consequence as well as anger and/or attachment issues. Other issues may include loneliness, meaninglessness and confusion about their place in the world.

We have found that all our students come to Greenbrier with a myriad of positive attributes. They simply need guidance to push through any obstacles in the way of realizing their potential.

WILL YOU ACCEPT A STUDENT WHO HAS NOT COMPLETED A WILDERNESS OR THERAPEUTIC PROGRAM?

Yes. We will need to gather complete information from the student's therapist and/or educational consultant before a position is offered. This helps ensure that our school is a proper fit.

HOW LONG WILL MY DAUGHTER BE AT GREENBRIER ACADEMY?

Our school takes a very personalized approach that is dependent on each girl's goals and progress. While there is a minimum length stay of 4 months, many of our students have chosen to stay two, three or four years. Many stay until they graduate. Upon graduation, students are eligible for a high school diploma from the state of West Virginia. If a diploma from another school is necessary, we can work with other school districts to transfer credits.

WHEN WILL MY DAUGHTER BE ABLE TO COME HOME FOR A VISIT?

We will work with you and your family to ensure a positive and healthy interaction during home visits. Your daughter's counselor and academic advisor will create an individualized plan based on her and your family's needs and situation.

WILL MY DAUGHTER BE ABLE TO SEND AND RECEIVE LETTERS AND PHONE CALLS FROM HER FRIENDS?

Based on the personal work your daughter accomplishes while here, her counselor will determine when she is prepared to make a supervised call to family members. Calls to friends may follow.

Students have supervised access to telephones for these approved calls, and cell phones are permitted on a limited basis as part of some treatment plans. Our Admissions Agreement includes a place for you to indicate which relatives and friends your daughter should and should not be allowed to contact.

Your daughter's counselor or residential advisor will inspect all mail and remove any inappropriate items (e.g., excessive amounts of candy or food, inappropriate reading material).

HOW OFTEN DO THE GIRLS GET TO GO OFF CAMPUS?

Our students have a very full and diverse residential life. They engage in many different weekly outdoor adventures throughout the year including mountain biking, kayaking and hiking through various partnerships insured by professional outfitters. Additionally, our students may participate in fun activities such as roller skating, ice skating, laser tag, movies, visits to a nearby water park, paintball, zip lining, fishing and dance.*

Performances, concerts, plays, exhibits and festivals are monthly activities at Carnegie Hall and Greenbrier Valley Theatre in nearby Lewisburg. We've also organized field trips to Washington, D.C. and locations in Virginia.

Service projects are regular activities that allow students to participate in local volunteer efforts: helping with meals at local family support centers, home repairs for low-income families and assisting with community beautification efforts. We provide a rich, exciting and active schedule of activities in which students have opportunities to engage and learn.

**activities are subject to change based on weather and our students' interests*

DO YOU HAVE SAT COURSES AND GUIDANCE FOR COLLEGE/POST HIGH SCHOOL PLANNING?

As a college preparatory high school, we provide a college prep class that includes ACT/SAT preparation, ACT/SAT study materials and individualized tutoring with a live instructor as an extracurricular activity. We will also arrange time for students if they choose to utilize an on-line study program. We offer the PSAT test on campus and provide transportation to ACT/SAT test centers locally.

Our Academic Department and Educational Specialist provide exceptional college planning and will work in tandem with each student's Educational Consultant (if applicable).

WHAT PHYSICAL ACTIVITY AND SPORTS DO GIRLS DO?

Students drum daily and participate in group exercise that varies with ability level: running, walking, Pilates, yoga and free weights. Seasonal sports such as snow skiing/snowboarding, volleyball, basketball, soccer and softball are fun activities both on and off campus.

WHAT EXPOSURE WILL MY DAUGHTER HAVE TO BOYS?

In many of our interactions in the greater community, boys/young men may be present. As with all our off-campus events, students are accompanied and supervised by staff.

CAN MY DAUGHTER ATTEND CHURCH?

We encourage students to make their own decisions regarding spirituality and religion and they are welcome to attend a nearby nondenominational church. We honor and respect the diversity that different faiths and practices bring to our community.

WHAT DO THE GIRLS DO FOR THE HUMANITARIAN SERVICE PROJECT?

Our students volunteer at the local women's shelter, retirement homes, food pantries and Habitat for Humanity. In the past, we have partnered with Mountain Mission School in Grundy, VA, which was established in 1921 as a safe haven for Ethiopian refugees. The cultural exchanges with Mountain Mission School provide Greenbrier girls an opportunity to experience very different views and lifestyles without the normal cost and time of world travel.

A number of girls and staff have completed service projects in Ghana, Africa and Nicaragua. We offer weekly service trips to a Nicaraguan barrio multiple times throughout the year as an opportunity for each student to participate. These are just a few examples of various service-oriented activities our students are involved in.

HOW SECURE IS THE CAMPUS?

Greenbrier Academy is located along the Greenbrier River in southeastern West Virginia. Our privately owned, contiguous wooded areas provide the perfect, quiet setting for our students to focus on healing.

Constructed at the turn of the century, the site has gone through an extensive two-year renovation which included state-of-the-art safety and security systems. The surrounding quiet community is very close-knit, and we enjoy quality relationships with local agencies and authorities.

HOW DO YOU CONTROL INTERNET USE?

When using the computers in our schoolhouse, a faculty member closely supervises small numbers of students and all computers require passwords known only to key staff. While we want to make sure that students are kept up to date with information technology, safety and proper usage are paramount.

HOW MUCH GROUP AND INDIVIDUAL THERAPY DO STUDENTS RECEIVE PER WEEK?

Your daughter has the opportunity to talk privately with her counselor for an average of 90 minutes per week. The length of each session may vary depending on the focus of therapy and what is going on that week. We meet in family unit groups 3 times a week and one community meeting with everyone present to further explore the dynamic nature of relationships and how these relationships play out in students' lives and in our community. Families have one therapeutic call per week for up to an hour. As each girl progresses and communicates her commitment, she is allowed social calls.

HOW ARE MEDICINES MONITORED AND DISTRIBUTED?

Our full time Medical Coordinator, Dinah Palmer, is an LPN that distributes medications daily to the students. She maintains impeccable communication with our contracted psychiatrist and each family. We continuously train staff on medicine distribution, policies and procedures for students who take medications after business hours. Our Medical

Coordinator also establishes health baselines for the girls upon their arrival at Greenbrier Academy. She works closely with each young woman to ensure she is developing healthy lifestyles to strengthen and care for her body.

WILL SIBLINGS BE ABLE TO ATTEND FAMILY PROGRAMS?

When any member of a family struggles, everyone in the system is affected. When possible, we recommend that siblings are involved in the family workshops. Your daughter's therapist will discuss ways in which the whole family is impacted and assist you in deciding the right time for siblings to participate in the life-changing workshops.

DO THE GIRLS WEAR UNIFORMS?

We do not require students to wear a uniform, but we do have a dress code. We want our students to realize that self-expression should not be limited to their attire. By providing a dress code, students learn how to express themselves through their actions. The dress code allows our students the individuality and flexibility to wear comfortable and neat clothing that is appropriate for the various activities they participate in.